

Recent Care at Lakes Region General Hospital and Advanced Orthopaedic Specialists

Many of the readers know me as an orthopedic surgeon here in our community for the last 28 years.

Recently, I had the opportunity to see how it is from the other side of the knife. I needed to have a total hip replacement done. I could have gone anywhere to have my surgery but I felt the most confident with the professional people I work with everyday right at LRGH. I knew that there was no better choice for my surgeon than Dr. Jeremy Hogan at our office. The technique he brought to our community of the anterior approach to the hip was one I had learned 30 years earlier as a resident and knew it had advantages. Coupling that with the MAKO robotic system to help assure accurate cup placement seemed to be the ideal to me.



My surgery and aftercare at LRGH was fantastic. I have had many patients of mine tell me that they had much better care here than they had previously at big fancy Boston medical centers.

I now firmly agree. They never saw their surgeon after the surgery, we see our patients twice a day.

Dr. Richard Hughes, my friend and colleague, did the anesthesia for me and all I can say is that he did a great job! Through the wonders of pharmacological amnesia I really don't remember much from the pre-operative time until the night after surgery. Between his epidural block and Dr. Hogan's use of a great new injectable long-acting local anesthetic I had almost no pain for the first 3 days after surgery.

I was able to be up with crutches walking the floor the day after my surgery and able to go home on the second day using only a cane.

All the staff on South 3 were fantastic! I have always felt that my patients get superb care there and this only confirmed it. Malou, Kristy and all the other nurses, aides, dietary aides, and therapists were great. The large private room (all the rooms on South 3 are now private) was very comfortable and I thought the food was very good also.

I am now driving, walking with or without a cane, going to outpatient PT and exercising on a bike today... two weeks post my operation. Certainly, not everyone may have as smooth a journey as I have had but you should know that state of the art joint replacement is **HERE** at our local hospital! Since I now have had a MAKO partial knee replacement and a MAKO hip replacement within the last 9 months I'm like that old commercial "I'm not just the president of the Hair Club for Men, I'm a member too!"

I'm looking forward to being back caring for my friends and patients soon.

Sincerely,

John M. Grobman M.D.